



# AFFILIATED TROY DERMATOLOGISTS

Traci Kimbrough, MD/Snehal Desai, MD  
4600 Investment Drive Suite 150/260  
Troy, MI 48098  
P: 248-267-5020  
F: 248-267-5021

## Consent form

### Laser hair treatment

Initials

I authorize \_\_\_\_\_ to perform Light Sheer laser hair treatments  
on me to improve Hair Reduction / Pseudo folliculitis Barbae: \_\_\_\_\_

I understand that there is a rare possibility of side effects or serious complications including  
permanent discoloration and scarring. I am aware that careful adherence to all advised  
instructions will help reduce this possibility. \_\_\_\_\_

I understand the below list of short-term effects and agree to follow matching guidelines:

- Discomfort – during the procedure and shortly after, I might experience an itching sensation which degree will vary per hair density, area sensitivity and treatment head used but that does not last long. A mild “sunburn” sensation may follow for typically up to one hour and will be reduced with application of cooling and soothing creams
- Perifollicular erythema/oedema – severity and duration of the rash depend on the intensity of the treatment and the sensitivity of the area to be treated. These phenomena may be reduced with application of cooling and/or inflammatory creams
- Micro-crusting over some areas with very dense and coarse hair – may take 5 to 10 days to flake off and it is important not to manipulate or pick which may otherwise lead to scarring
- Bruising may rarely occur and may last several days

I understand that sun exposure or tanning of any sort is not aligned with the pre and/or  
post-care instructions and may increase the chance of complications. \_\_\_\_\_

and I have had all my related questions answered \_\_\_\_\_

Pre- and post-care instructions have been discussed and are completely clear to me \_\_\_\_\_

I understand that results may vary with each individual and acknowledge that it is  
impossible to predict how I will respond to the treatment and how many sessions will be  
required \_\_\_\_\_

I consent to photographs being taken for the purpose of documenting my progress and  
response to the treatment and be kept solely in my medical record \_\_\_\_\_

I consent to photographs being used for medical education or publication with applied  
discretion and not revealing my identity. \_\_\_\_\_

I agree to review the following laser pre-treatment compliance checklist along with my Physician and bring accurate and updated data, to the best of my knowledge.

The procedure as well as potential benefits and risks have been thoroughly explained to me.

Natural or artificial sun exposure in the past 3-4 weeks pre-op or the following 3-4 weeks post-op plan	NO	YES
Use of self-tanners or tan enhancer caps within the past 3-4 weeks pre-op plan	NO	YES
Photosensitive herbal preparations (St John's Wort, Ginkgo Biloba, etc....) or aromatherapy (essential oils)	NO	YES: .....
Diseases which may be stimulated by light at 805 nm, such as history of Systemic Lupus Erythematosus or Porphyrria	NO	YES: .....
Pregnant or possibility of pregnancy, postpartum or nursing	NO	YES
Inflammatory skin conditions (dermatitis, active acne, etc...)	NO	YES: .....
Presence or history of active cold sores or herpes simplex virus	NO	YES
HIV	NO	YES
Active cancer (currently on chemotherapy or radiation)	NO	YES
Previous skin cancer?	NO	YES
Medical history of keloids	NO	YES
History of livedo reticularis	NO	YES
History of erythema	NO	YES
Intake of isotretinoin within the past 6 months	NO	YES
Medical history of Koebner zing isomorphic diseases (vitiligo, psoriasis)	NO	YES: .....
Any known allergies?	NO	YES: .....
Any tattoo and/or dysplastic nevi on requested treatment area that should be protected?	NO	YES
Intake of aspirin or anti-coagulants?	NO	YES: .....
Easy bruising?	NO	YES
Hormonal or endocrine disorders (PCOS or uncontrolled diabetes?)	NO	YES: .....
Previous hair removal procedures on requested treatment area (other IPL/laser, wax, electrolysis, etc....) Within the past 6 weeks?	NO	YES: what/when? .....
Previous skin procedures on requested treatment area (Botox, fillers, peels, etc...)	NO	YES: what/when? .....
List of additional current medication taken		

My signature certifies that I have duly read and understood the content of this informed consent form and gave accurate information as to my health condition. I hereby freely \_\_\_\_\_ consent to Light Sheer/laser hair treatments.

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Name of patient (please print)

Signature of patient

Date

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Name of witness (please print)

Signature of witness

Date